

De Dumpel Gruttostraat 14, Velp  
Bethanien Bethaniënstraat 246, Arnhem

| <b><u>Maandag</u></b>   | <b><u>Tijdstip</u></b> | <b><u>Zaalteam</u></b> | <b><u>Trainer</u></b> |
|-------------------------|------------------------|------------------------|-----------------------|
| De Dumpel               | 16.15-17.15            | JD1                    | Frank                 |
|                         | 17.15-18.30            | MC1 en MC12c           | Frank                 |
|                         | 18.30-19.45            | MB12c en MB2           | Frank                 |
|                         | 19.45-21.00            | MA12c en MA2           | Frank                 |
|                         | 21.00-22.00            | Jong Heren 1           | Paul                  |
| Bethanien               | 16.00-17.00            | MC2                    | Volgt                 |
|                         | 17.00-18.00            | MC3                    | Volgt                 |
| <b><u>Dinsdag</u></b>   |                        |                        |                       |
| Bethanien               | 18.00-19.15            | MA1 en MB1             | Frank                 |
|                         | 19.15-20.15            | Dames 2                | Bas & Frank           |
|                         | 20.15-21.15            | Dames 1                | Bas & Frank           |
|                         | 21.15-22.30            | Heren 1 en JA1         | Frank                 |
| <b><u>Woensdag</u></b>  |                        |                        |                       |
| De Dumpel               | 16.15-17.15            | J8E1                   | Yorick                |
|                         | 17.15-18.15            | M8E1 en M8E2           | Yorick                |
|                         | 18.15-19.00            | Keepers jeugd          | Yorick                |
| Bethanien               | 16.00-17.00            | MD4                    | Volgt                 |
|                         | 17.00-18.00            | MD5                    | Volgt                 |
|                         | 18.00-19.00            | MC4                    | Volgt                 |
| <b><u>Donderdag</u></b> |                        |                        |                       |
| De Dumpel               | 16.15-17.30            | MD1 en MD12c           | Vincent               |
|                         | 17.30-19.00            | JC1 en JB1             | Vincent & Tijn        |
| Bethanien               | 19.00-20.30            | MB3 en MB4             | Vincent               |
| <b><u>Vrijdag</u></b>   |                        |                        |                       |
| De Dumpel               | 16.30-17.45            | MD2 en MD3             | Jeroen                |
|                         | 17.45-19.00            | JC12c & JC2            | Jeroen                |
| Bethanien               | 20.30-22.00            | JA12c & JB12c          | Vincent               |